

# THE SQUISHY

## tushy Hack

### WHEN to use it

***This is a ridiculously simple hack for both teaching your dog how to sit or lie down upon request AND for helping them to stay in such a relaxed position for long durations when putting these skills to practice in real life.***

After your dog gets a handle on these basic skills, you can take this hack on the road for whenever you are taking your dog out and about with you into public places in which you would like her to lie down patiently (i.e., restaurants, coffee shops). This is a natural complement to the [Canine Car Seat Hack!](#)

### HOW it works

Many dogs (especially Toy, Sight Hound, and any very short haired breeds of dogs - **G**) can resist sitting or lying down on cold, slick, or hard surfaces. Their refusal can be misunderstood as unwillingness or inability to learn these skills (**L**), when it is often just a matter of the uncomfortable surface (**E**) that's the issue.

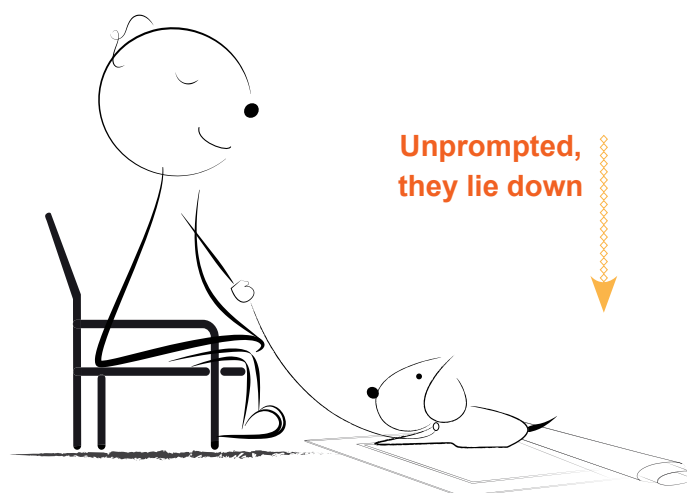
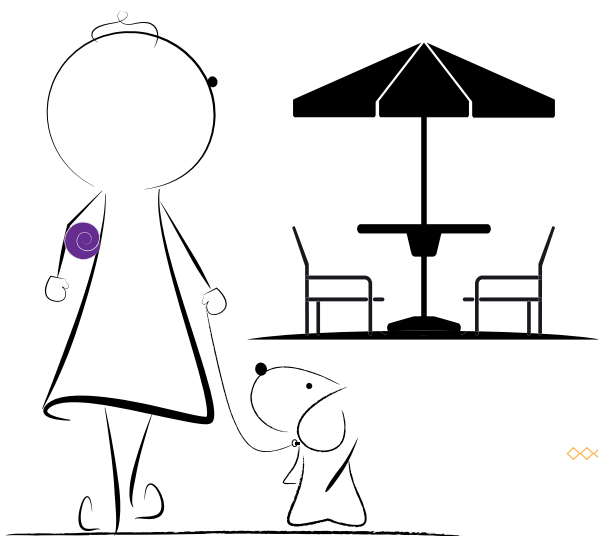
Giving your dog a nice and soft squishy surface (**E**) for their sensitive tushy (**S**) can make ALL the difference in your dog's ability to comfortably follow your suggestions both in the training process (**L**) and when in real life conditions when you need your pup to just chill out with you for long periods of time when out and about (**E**).

### HOW to use it

When teaching your dog how to sit or lie down upon your request, you want to make sure that you are working on a surface that is both practical and comfortable to sit or lie down on. You can do this on carpet, rugs, grass, or any other surface that prevents them from slipping, being cold, or otherwise feeling uncomfortable.

When taking your dog out and about with you to places in which she will need to be hanging out and relaxing for a long period of time, simply bring along a rolled up towel or mat that's convenient enough to tote along with you for them to lie on.

Place it on the ground next to you where you're sitting, out of the way of foot traffic or other temptations. Even without prior training for "down," many dogs are happy to take us up on our offer of a comfy seat!



Unprompted,  
they lie down

