Family Dog Mediation



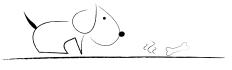
REFRIGERATOR Ack

If you want to teach a super easy and powerful emergency recall, this is it! It works even better in households with multiple dogs.

HOW it works



We are tapping into the dog's **GENETIC** design as having a brain dominated by the olfactory cortex - smell / taste (**G/S**).



We are tapping into the dog's **GENETIC** design as a scavenger (**G**) of human leftovers (**E**)





We are tapping into the increased attention / arousal all brains (**S**) give to salient stimuli (**E**).



We are tapping into the powerful effect of variability of operant reinforcers and classical conditioning in LEARNING (L).

Equipment

Get at least 3 whistles of the same kind, that your dog has never heard before. Novelty matters!



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First, put one of your whistles right by your fridge, one by your front door and one in your purse or other place you will have with you when you are out and about.

Day 1

- When your dog is in the kitchen with you, minding his own business, secretly pick up the whistle and blow it.
- Enthusiastically open the fridge, while exclaiming "Ohh, what do we have in here?!"
- Start randomly grabbing dog-safe food items, letting your dog have a small taste of each one.
- Do this with 5 different food items.
- Then say "all done!" Close the fridge and walk away.
- This leaves him working hard to figure out what just happened!

Day 2

Repeat day 1, but change the food items you give your dog small tastes of.

Day 3

- Repeat day 1 but blow the whistle when your dog is ONE ROOM AWAY and not distracted or sleeping.
- · Change the food items again.

Day 4

 Repeat day 1 but blow the whistle when your dog is TWO ROOMS AWAY.

Day 5

Repeat day 1 but blow the whistle when your dog is THREE ROOMS AWAY

Day 6

 Repeat day 1 but blow the whistle when your dog is FOUR ROOMS AWAY.

Day 7

 Repeat day 1 but blow the whistle when your dog is outside in the yard or returning from a walk with a helper and is about 10ft away.

Going forward

- Blow the whistle and provide access to the Holy Refrigerator when your dog is outside.
- As you continue, gradually increase the distance the dog is from the house or door and the level of distractions present, when you blow the whistle.
- Only after the opportunity 2-3x a week for the first month, gradually reduce the number of opportunities your dog gets to access the Holy Refrigerator to once every few weeks.
- Once you have rocked the heck out of all that, take the Holy Refrigerator show on the road! = When your dog isn't paying attention, pre-pack food items in to airtight bag and put it in your pocket with your whistle. Go out to the park or trails and give it a go! (Let your dog drag a long line at first).





